

Adult Impact Study Sheet – June 9, 2024

Read **Psalm 34:1-22**; if possible from several translations.

For additional insight go to www.studylight.org and www.gotquestions.org.

1. In verse 1, David, by his example, exhorts the reader to bless the Lord at all times, to allow His praise to be continually in his mouth. How is that made real in our everyday lives?

Puritan preacher Thomas Watson wrote, “Praising God is one of the highest and purest acts of religion. In prayer, we act like men, in praise we act like angels.”¹ How would you interpret his statement?

2. In verse 2, David speaks of humility and boasting. Discuss the paradox of the humble believer boasting.
3. In verse 3, David speaks of magnifying the Lord and exalting His name. How do we do that? How do we do it together?
4. If we seek the Lord will He deliver us from all our fears (v. 4). Share an experience where that happened to you.
5. Develop the thought in verse 7 of the angel encamping around those who fear Him. (See also Psalm 139:5-6)
6. Regarding verse 8, Warren Wiersbe wrote, “‘Taste’ doesn’t suggest a sip or a nibble; it implies feeding on the Lord through His Word and experiencing all He has for us. It means knowing Him better and enjoying Him more.”² Ask yourself, are you merely nibbling on the Word of God or are you digging into it, delighting in all it has for you?
7. Consider vv. 9-10 in light of Psalm 84:11. What does it mean to lack no good thing?
8. David admonishes the reader in the following ways. Discuss them.

Desire what is good (v. 12)

Speak what is true (v. 13)

Pursue what is right (v. 14)

Expect what is best (vv. 15-16)

9. Will you make a commitment today to bless, boast of, magnify, and exalt the Lord in increased measure? It would delight His heart!

¹ Thomas Watson, *A Body of Divinity*

² *The Wiersbe Bible Commentary, OT*, 915