

## Adult Impact Study Sheet – July 28, 2024

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Read **Psalm 42:1-11**; if possible, from several translations.  
For additional insight go to [www.studylight.org](http://www.studylight.org) and [www.gotquestions.org](http://www.gotquestions.org).

1. Discuss the correlation between a deer panting for water and our need to thirst after God.

Read James 4:8. What is meant by “drawing near to God” and how does that compare to thirsting for God?

2. Other passages describe a similar desire regarding our hunger for God’s Word. Discuss them in light of verses 1 and 2.

Job 23:11-12

Psalm 119:103

I Peter 2:2

Jeremiah 15:16

3. Discuss the connection between thirsting after God and hungering and thirsting after righteousness in Matthew 5:6?

4. Why does the author say that his soul thirsts for the “living God?”

Discuss practical ways that a person thirsts for God and the benefits?

5. What does it mean in verse 3 when the author says, “my tears have been my food day and night?”

6. Discuss verse 5 in light of verses 1 and 2.

7. According to verse 5, how has he overcome the despair he felt in verse 4?

How does thirsting after God help overcome being downcast?

8. What steps can you take this week to thirst after God?